



Creative. Credible. Consistent.

Informed Consent Form (Request Not To Participate)

Today teens are faced with incredible pressures to be sexually active. Being aware of these challenges and pressures as well as the resulting physical, emotional, mental, and social consequences of such activity, our school has chosen to implement the ReL8 abstinence education program as part of our health education curriculum. ReL8 teaches curriculum which uses a positive approach to help students consider their future goals and dreams, to recognize teen influences, to learn development of healthy relationships and marriages, to gain knowledge of sexually transmitted diseases, to learn how to set boundaries, and to recognize the benefits of sexual abstinence until marriage. The five-session program helps teens to formulate a plan for their future and helps them to decide for themselves that abstinence is the healthiest choice.

If you DO NOT want your child to participate in the *ReL8* program during this school year, please check the box below. You and your child must both sign and return this form to your child's school.

I **do not** want my child to participate in the ReL8 program

PRINTED NAME OF STUDENT: **SIGNATURE OF STUDENT:**

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PRINTED NAME OF PARENT/GUARDIAN: **SIGNATURE OF PARENT/GUARDIAN:** **DATE:**

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(Parents, please keep this bottom portion for your information.)

Promoting the message of abstinence to our teens requires the support of parents as youth's most effective teachers. As parents you have a great opportunity to influence your teen to save sex for marriage. ReL8 seeks to help you maximize your influence by providing you with resources and support. For more information regarding the ReL8 Program, please call us at (618) 451-2002 or visit myReL8.com. Here you will find:

- ✓ Curriculum Overview
- ✓ Ask ReL8
- ✓ Current Participating Schools